



## Get Out of Your Box – Free eBook

### Description



### Welcome!

**Are you tired of doing the same things day after day?**

**Does the waiter at your favorite restaurant you go to every Friday night know your order before youâ€™ve even said hello?**

**Have the comforts of home gotten so comfortable that you live in your yoga pants six out of seven days a week?**

**Does your joie de vivre come from watching *The Ellen Show* or Netflix marathons?**

**If you've answered yes to any of these questions or are looking for ways to step out of your comfort zone, fill out the form below to download my free eBook titled *Get Out of Your Box*. It's full of encouraging quotes and 31 easy ways to live curiously. I'm on this journey with you and I'll be posting a challenge on my blog each month that I've done. Join in any time and share your experiences with me. All posts can be found in my menu bar under favorite finds and the get out of your box category.**

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