



Live Curiously Weekly

## Description

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This week's live curiously weekly is inspired by the upcoming Olympics and the tastes of summer. Please click on each link to explore further details on what to make, eat, drink, explore, and watch this summer. I hope you find something new to try this week.

**To Make:** [DIY Vertical Herb Garden](#)



It may be a little late in the season for this herb garden, but I absolutely love this idea. In the fall you could fill it with gourds or flowers.

**To Eat: [3 Ingredient Banana & Peanut Butter Ice Cream](#)**

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2 chopped  
frozen bananas



2 TBSPs  
peanut  
butter

1 TBSP  
cocoa  
powder

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# Chocolate Peanut Butter

I made this non-dairy ice cream last summer and it was wonderful. The bananas take on the consistency of soft serve ice cream. I love ice cream, but sadly it doesn't love me so this is a nice alternative.

**To Drink:** [Lemonade](#)

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11

# lemonade

VARIATIONS  
TO TRY

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## Lemon-limeade thyme



1 CUP  
LEMONADE

1 SPRIG  
THYME,  
MUDDLED

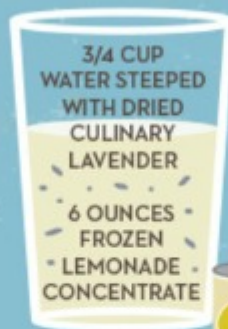
1 SPRIG  
THYME FOR  
GARNISH



4 TEASPOONS  
LIME JUICE



## Lavender-infused lemonade



3/4 CUP  
WATER STEEPED  
WITH DRIED  
CULINARY  
LAVENDER

6 OUNCES  
FROZEN  
LEMONADE  
CONCENTRATE



## Blueberry lemonade



3/4 CUP  
LEMONADE

1/4 CUP  
PURÉED  
BLUEBERRIES

FROZEN  
BLUEBERRIES  
FOR  
GARNISH



I love these 11 simple variations on lemonade from She Knows. I added this category because it has been so hot out lately and most of us could use a refreshing drink. Serve one of these at your kidâ€™s lemonade stand and they will be the hit of the block.

**To Inspire: [How Busy People Make Time To Read](#)**

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# SUMMER READING LIST 2016

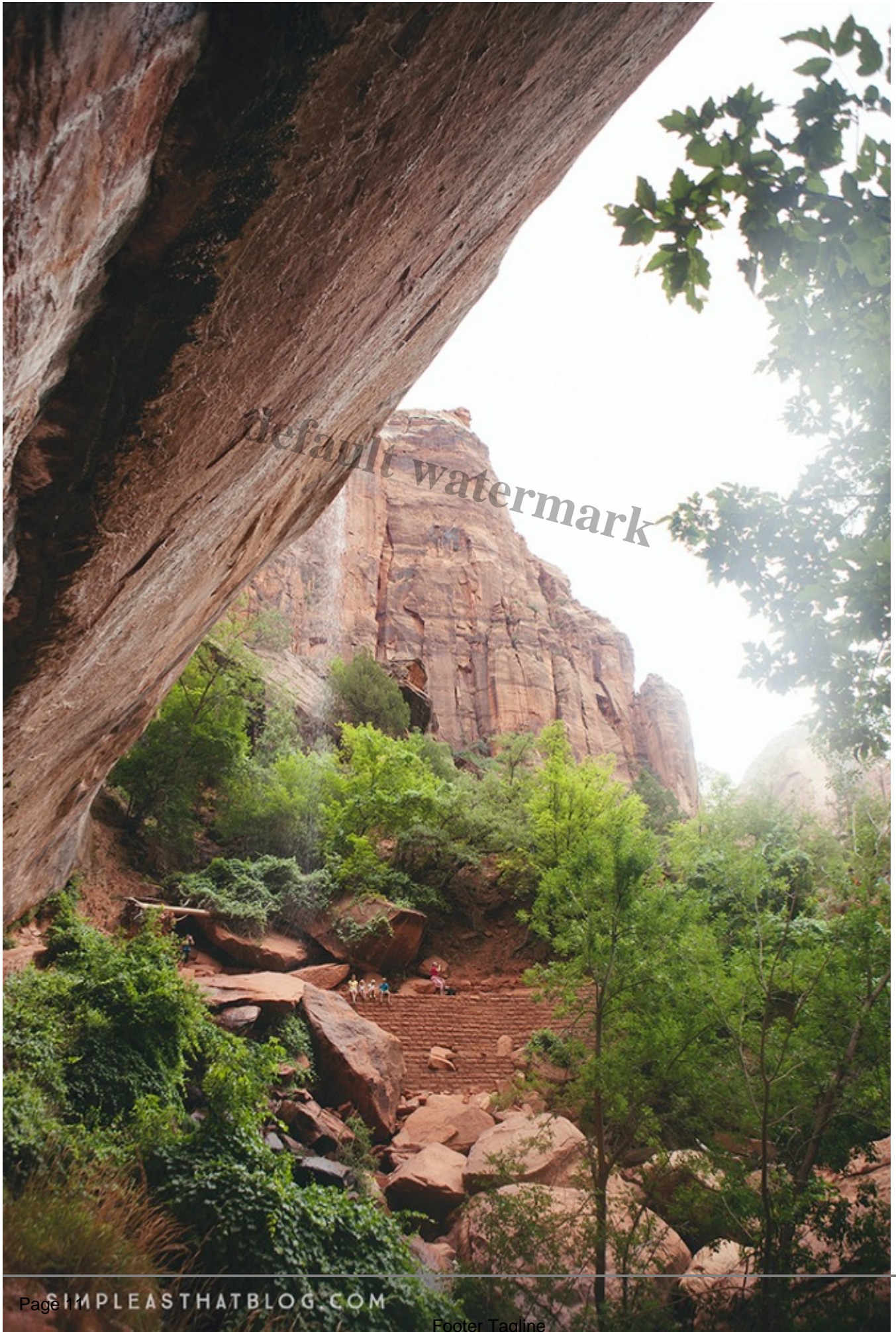
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*Joyful Scriblings*  
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I've been trying to read more books this summer. I'm determined to get through [my summer reading list](#) before the first official day of fall. So far I've read four books one of which wasn't included on my list and I enjoyed all of them. Less time looking at my phone equals more time reading. Check out the link above for other ideas on how to fit more reading into your day.

**To Explore: [5 National Parks to Visit](#)**

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I enjoy visiting national parks, but unfortunately have only been to 1 of these 5 parks and it was a short stop so I don't really count it. Visiting Yellowstone is at the top of my list of parks to visit. Have you explored any national parks this summer?

**To Discuss: The ways we are more similar than different.**

“

The things that  
divide us are  
far less important  
than those that  
*connect us.*

Rachel Naomi Remen

Joyful Scribbles

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**To Watch: *Eddie The Eagle***

We recently watched *Eddie The Eagle* on pay per view. I wanted to see it when it was in theaters, but it wasn't there very long. A very inspiring story and it will get you in the mood for this year's Olympics.

To Reflect: [Olympic Fever](#)



With the Olympics starting soon it reminded me of an [inspirational post](#) I wrote back in 2012 which ties in with my choice of movies to watch this week.

How are you living curiously this week? If you love these ideas please consider sharing them on Facebook or pinning them.

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