



One Thing Oprah And I Have In Common

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Those of you who know me well know I am a big fan of Oprah. I even used to write a blog about [What I Learned From Watching Oprah](#). I was recently surprised to learn that she and I have something in common with less than 4 % of the world's population. I guess you could say in a way we are both Divergent or ENFJs.

What is an ENFJ? It's one of the [Myers Briggs](#) personality types and it's also referred to as Harmony Perspectives. People who are ENFJs make great teachers, and counselors or coaches. They make great leaders and diplomats of people and new thoughts. I actually took [the test](#) twice because I didn't believe the results. I even changed a few of the answers I was borderline on and guess what? It still came back with the same answer ENFJ. I've always thought I'd make a horrible teacher due to my lack of patience. As far as a counselor goes, I could use one myself. I texted my husband and he didn't agree with the assessment either so I decided to take a third personality test from the website [16 Personalities](#). The test has a different format, but my results still came out the same except for the E part which stands for extrovert. I was an INFJ. I'm actually a borderline introvert/extrovert depending on the situation.

What's Your Personality Type?

Use the questions on the outside of the chart to determine the four letters of your Myers-Briggs type.
For each pair of letters, choose the side that seems most natural to you, even if you don't agree with every description.

1. Are you outwardly or inwardly focused? If you:

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|--|--|
| <ul style="list-style-type: none"> • Could be described as talkative, outgoing • Like to be in a fast-paced environment • Tend to work out ideas with others, think out loud • Enjoy being the center of attention <p style="text-align: center;">then you prefer</p> <p style="text-align: center;">E
Extraversion</p> | <ul style="list-style-type: none"> • Could be described as reserved, private • Prefer a slower pace with time for contemplation • Tend to think things through inside your head • Would rather observe than be the center of attention <p style="text-align: center;">then you prefer</p> <p style="text-align: center;">I
Introversion</p> |
|--|--|

ISTJ <small>Responsible, serious, analytical, reserved, realistic, systematic. Handwriting and trustworthy with sound practical judgment.</small>	ISFJ <small>Warm, considerate, gentle, reasonable, pragmatic, thorough. Devoted caretakers who enjoy being helpful to others.</small>	INFJ <small>Idealistic, organized, insightful, dependable, compassionate, gentle. Seek harmony and cooperation, enjoy intellectual stimulation.</small>	INTJ <small>Innovative, independent, strategic, logical, reserved, insightful. Driven by their own original ideas to achieve improvements.</small>
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ISTP <small>Action-oriented, logical, analytical, spontaneous, reserved, independent. Enjoy adventure, skilled at understanding how mechanical things work.</small>	ISFP <small>Gentle, sensitive, nurturing, helpful, flexible, realistic. Seek to create a personal environment that is both beautiful and practical.</small>	INFP <small>Sensitive, creative, idealistic, perceptible, caring, loyal. Value inner harmony and personal growth, focus on dreams and possibilities.</small>	INTP <small>Intellectual, logical, precise, reserved, flexible, imaginative. Original thinkers who enjoy speculation and creative problem solving.</small>
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3. How do you prefer to make decisions? If you:

- | | |
|---|--|
| <ul style="list-style-type: none"> • Make decisions in an impersonal way, using logical reasoning • Value justice, fairness • Enjoy finding the flaws in an argument • Could be described as reasonable, level-headed <p style="text-align: center;">then you prefer</p> <p style="text-align: center;">T
Thinking</p> | <ul style="list-style-type: none"> • Base your decisions on personal values and how your actions affect others • Value harmony, forgiveness • Like to please others and point out the best in people • Could be described as warm, empathetic <p style="text-align: center;">then you prefer</p> <p style="text-align: center;">F
Feeling</p> |
|---|--|

2. How do you prefer to take in information? If you:

- | | |
|---|--|
| <ul style="list-style-type: none"> • Focus on the reality of how things are • Pay attention to concrete facts and details • Prefer ideas that have practical applications • Like to describe things in a specific, literal way <p style="text-align: center;">then you prefer</p> <p style="text-align: center;">S
Sensing</p> | <ul style="list-style-type: none"> • Imagine the possibilities of how things could be • Notice the big picture, see how everything connects • Enjoy ideas and concepts for their own sake • Like to describe things in a figurative, poetic way <p style="text-align: center;">then you prefer</p> <p style="text-align: center;">N
Intuition</p> |
|---|--|

ESTP <small>Outgoing, realistic, action-oriented, curious, versatile, spontaneous. Pragmatic problem solvers and skilled negotiators.</small>	ESFP <small>Playful, enthusiastic, friendly, spontaneous, social, flexible. Have strong common sense, enjoy helping people in tangible ways.</small>	ENFP <small>Enthusiastic, creative, spontaneous, optimistic, supportive, playful. Value innovation, enjoy starting new projects, not interested in others.</small>	ENTP <small>Innovative, enthusiastic, strategic, intellectually, sensitive, versatile. Enjoy new ideas and challenges, value inspiration.</small>
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ESTJ <small>Efficient, outgoing, analytical, systematic, dependable, realistic. Like to run the show and get things done in an orderly fashion.</small>	ESFJ <small>Friendly, outgoing, reliable, conscientious, organized, practical. Seek to be helpful and please others, enjoy being active and productive.</small>	ENFJ <small>Caring, enthusiastic, idealistic, organized, diplomatic, responsible. Skilled communicators who value connection with people.</small>	ENTJ <small>Strategic, logical, efficient, outgoing, ambitious, independent. Effective organizers of people and long-range planners.</small>
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4. How do you prefer to live your outer life? If you:

- | | |
|---|---|
| <ul style="list-style-type: none"> • Prefer to have matters settled • Think rules and deadlines should be respected • Prefer to have detailed, step-by-step instructions • Make plans, want to know what you're getting into <p style="text-align: center;">then you prefer</p> <p style="text-align: center;">J
Judging</p> | <ul style="list-style-type: none"> • Prefer to leave your options open • See rules and deadlines as flexible • Like to improvise and make things up as you go • Are spontaneous, enjoy surprises and new situations <p style="text-align: center;">then you prefer</p> <p style="text-align: center;">P
Perceiving</p> |
|---|---|

If you're interested in finding out what your personality type is you can take a test [here](#). I enjoy these types of tests which help me better understand how my mind works. There are many times when I think something should be common sense, but it obviously is not to others. Understanding my thought process in comparison to others helps me better communicate with individuals and grow as a person. I've learned I'm often operating as my 10-year-old self because I haven't taken care of my personal needs and developed my intuitive side. ENFJs naturally understand relationships, interpersonal dynamics and social systems. They want to get everyone's needs met and create win/wins. After reading more about the ENFJs and INFJs my husband and I agreed that I have a lot of the qualities listed. INFJs crave creativity and are interested in growing and making a difference.

I found [this article](#) on why psychologists feel the Myers-Briggs test is totally meaningless. Most people are in the middle for any one category like I was with introvert and extrovert. It's also not effective in predicting success at different jobs. I personally feel like if you follow your intuition it will lead you on the right path in life despite what your personality type may be. I may enjoy some aspects of teaching, but definitely not with a classroom of middle schoolers.

If you enjoy taking these types of quizzes. Check out these [Five Online Personality Quizzes Worth Taking](#) from Modern Mrs. Darcy. I spent an hour taking these quizzes instead of cleaning my basement, but it gave me the idea for this blog post. If self-improvement and deep thinking aren't your thing check out these [5 Fun Personality Quizzes](#) which cover things like which Modern Family and Downton Abbey character are you?

If you take the test let me know your results in the comments. I'm curious if anyone else is an ENFJ like me and Oprah. On a side note, the picture above was from 7 years ago when I attended the Oprah show with a good friend. Click here for my other story on [Oprah](#).

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