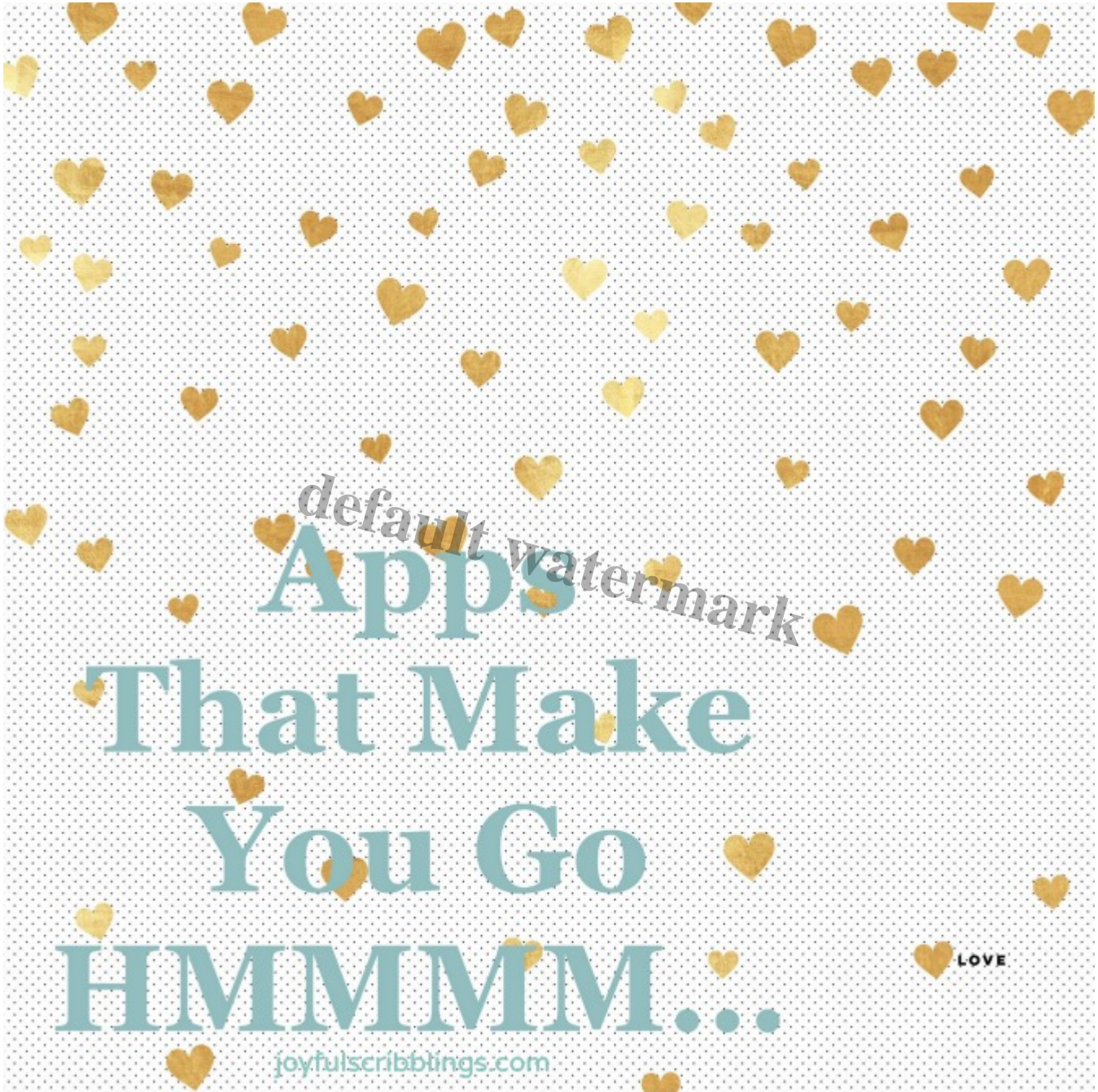


Apps That Make You Go Hmmm




Description

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I used to love the song *Things That Make You Go Hmmm* by C & C Music Factory. I realize this may be dating me a bit, but as I was trying to think of a title for this post *Apps That Make You Go Hmmm* popped into my head. These are several Apps I use regularly and in my opinion are worth checking out depending upon your interests.

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 Dawn Pasco   



Inbox



Groceries

1



Movies to Watch

12



Travel



Books to Read

47



Websites to Check Out

4



Restaurants to Try

5



Products to try

7



Out of Your Box Ideas

3



Tv shows

16

If you're a list maker like me, [Wunderlist](#) is an App you might like. It's free and available on Apple devices as well as Android. I used to use the Notes option on my iPhone to record different things friends shared with me that I wanted to remember. The problem is I had list after list of random things. With the Wunderlist App I can create categories and even share my lists with my contacts. I mainly use Wunderlist to keep track of book, movie, television show, and restaurant recommendations. Many times I also read about a product I want to try or a website I'd like to check out. Wunderlist provides a quick way for me to make a note of it since I usually always have my phone nearby. I like having all of my lists in one place instead of various notebooks. The App also lets you set due dates and reminders. I don't use this function, but because I'm a procrastinator I'm thinking I probably should.

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RHONNA | DESIGNS

designs to uplift and inspire



If you love to take photos with your phone and edit them there are tons of Apps on the market. I have several loaded on my phone. One that I use a lot is the [Rhonna Designs App](#). I use it to edit photos and create images like the header image in this post and on Instagram. You can also use it to create wallpaper for your phone which I did in [this post](#). It's one that you have to play around with for a little while to get the hang of it and there are also several tutorials. The App is \$1.99 and you get 27 fonts to create text and all sorts of backgrounds to choose from. You can also purchase design packs for a small fee with all sorts of cool images and quotes. The App is available for iPhone and iPad, Android and Windows phone.

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Meditate



TODAY'S FREE MEDITATION



7 Days of Sleep

Improve your sleep



12mins

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PROGRAM



7 Days of Calm

Learn the basics of mindfulness meditation



21 Days of Calm

Deepen your mindfulness meditation pract...



7 Days of Calming Anxiety

Experience reduced levels of anxiety

NEW



7 Days of Focus

Enhance your ability to focus



If you are looking for stress relief and like to meditate or want to practice meditation the [Calm App](#) is a great tool. The App is free, but if you wish to have access to various guided meditations there is a subscription fee. I mainly use it for the timed unguided sessions which are free. You select the number of minutes you'd like to be in a zen state then select the scene of your choice with background noise. My go-to scene is the sunset beach. I close my eyes and listen to the sound of sea gulls and the ocean. It's my happy place and about as close to the beach as I can get living in Kansas. A nice feature of the App is it keeps track of your progress by marking off each day you meditate on a calendar. It also keeps track of your longest streak, total time meditating and total sessions.

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SWÖRKIT

STRENGTH

CARDIO



YOGA

STRETCHING

If you want timed workout ideas you can do anywhere, you might try the [Sworkit App](#). I shared details in a past post [here](#).

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waterlogue



Related: snapcrack > watercolor effect > snap upload >



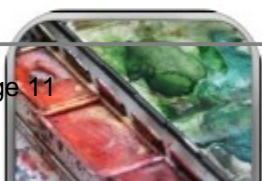
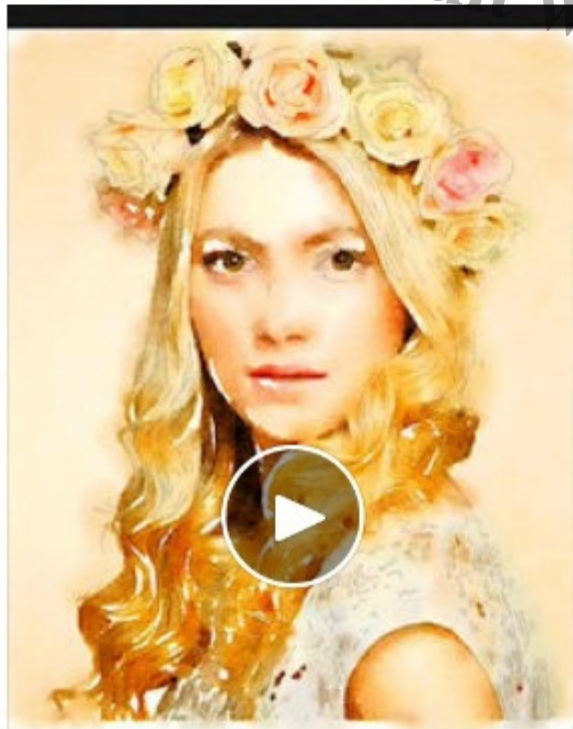
Waterlogue

Tinrocket, LLC

Essentials

★★★★★ (109)

+ OPEN



Watercolor Effect

Jin Jeon

Footer Tagline

+ GET

If you like to create art, but are lacking in artistic skills then the [Waterlogue App](#) is for you. I shared how easy it is to create a watercolor picture from a photo in [this post](#).

I also shared [these helpful Apps](#) in a past post, but I have to admit that I donâ€™t really use them anymore. That doesnâ€™t mean I donâ€™t think theyâ€™re good. They just donâ€™t fit with my current lifestyle.

Whatâ€™s your favorite phone App? Please leave a comment below this post.

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queenie

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