

We keep moving forward, opening new doors and doing new things, because we're **CURIOS** and **CURIOSITY** keeps leading us down new paths.

Walt Disney
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Embrace Curiosity

Description

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“We keep moving forward, opening new doors, and doing new things, because we’re curious and curiosity keeps leading us down new paths.” I love this quote by Walt Disney. I recently had an experience where curiosity led me down a new path and helped me get out of a rut.

I read a blog called the [Decor Fix](#) by Heather Freeman and noticed that Heather had changed the path of her blog from a lifestyle blog to a decorating blog. She gives great design advice and I really love her writing style. I could tell that something had changed in her and she had really focused in on her purpose. Because I have many passions such as food, photography, decorating, books, and travel I sometimes feel all over the place, but not an expert at any one thing. I was so curious about how Heather had arrived at this point of clarity that I decided to email her about it.

Heather offers design coaching, but what I was really interested in was how she was able to switch gears and what helped her find her purpose. I took a leap and asked the question while trying not to sound too out there or embarrass myself and guess what? Two other people had asked her the same thing within about a 48 hour time period. She sweetly replied to my email and I had a creative coaching session with her which is something she doesn't advertise. She has led me to read some great books and given me some great questions to think about. More importantly it was great to feel understood on where I am in my blog journey by someone who has been through it and felt the same way.

My lesson in all of this is **there are no stupid questions**. Years ago Diane Sawyer shared her thoughts on curiosity in a Master Class interview with Oprah. She shared a story she read of a great physicist who won a Nobel Prize. When he got home from school the boy's father would ask him every day not what he learned in school, but did he ask any great questions. Diane said, "I always thought, what a beautiful way to educate kids that we're excited by their questions, not by our answers and whether they can repeat our answers."

Let curiosity be your guide. If you are curious about anything I've shared please leave me a comment or shoot me an email.

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