



## Putnam Northern Mint Juleps

### Description

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Memorial Day is a week away and I've asked my friend Anne to share her delicious Mint Julep recipe. It's a great way to start the summer. Enjoy!

Hi, I'm Anne Putnam, and I will occasionally be sharing recipes on Dawn's blog. I love cooking, eating and drinking, so when I find a good recipe I enjoy sharing it! I hope you will enjoy my little contributions.

Mint Juleps are a staple at our lake house in the summertime. This is a family recipe that has been passed down for several generations. I can remember going to the lake with my husband's family before we were married and having his Dad shake up a paint can of this delicious concoction. We now do the same for our friends and family. It's not a traditional southern mint julep recipe, hence the name, Putnam Northern Mint Julep. I have to say, I think it tastes better than any other mint julep I have

tried. Iâ€™m not biased or anything!  
**Steps to a perfect Northern Mint Julep**





## Putnam Northern Mint Juleps

Recipe Type: cocktail

Author: Anne Putnam

### Ingredients

- 1 unused paint can
- 1 can orange juice concentrate (thawed)
- 1 can limeade concentrate (thawed)
- ice to fill 3/4 the can
- handful of rinsed mint leaves

- 3-4 (12oz) cans 7-Up
- Top it off with vodka to desired amount (how much fun do you want to have?!)
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#### Instructions

1. Put concentrates, ice, 7-up and mint leaves in paint can.
2. Seal lid and shake can until frost forms around the outside.
3. Have all your guests participate in the shaking! When frost has formed, pop the top off for the ceremonial first drink.

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# Northern Mint Julep

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The ceremonial first drink requires your bottom lip in the groove and your nose in the bucket! Yum! After everyone has had a first drink, separate into individual glasses and let the party start!

Linking to: [Treasure Box Tuesday](#), [Live Laugh Linky](#), [Ladies Only Blog Share](#)

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