



Dive In

**Description**

*default watermark*



Iâ€™ve never been one who excels at team sports. When I played softball in Junior High PE I always made a bee line for left field and prayed that the ball would never come near me. I think there are

several reasons I was never much of a team player: lack of confidence and focus, extremely self-conscious, fear of letting my teammates down and perfectionism. As an adult, I've realized sometimes you just need to dive in and have faith. The more time I take to think and plan things, the more time it takes me to actually act on them.

This is the part where I brag about my kids. My daughter informed me a few weeks ago that she was going out for the dive team. My response was, "I didn't know you even knew how to dive." I can see her enjoying diving, but she's never had any formal training or even practiced at it. She's also pretty fearless and a bit of a thrill seeker. She gets that from her father. She has yet to have her first meet, but is enjoying the practices. In the end, that's all that really matters and I'm proud of her for diving in to a new sport.

My son is more cautious like his mother. However, he never ceases to amaze me when it comes to trying new things. Like me team sports were never really his thing. Last year he was on the high school pole vault team. Again my response was, "Your trying out for pole vault?" (picture me with a furrowed brow and sideways smile) According to my family, I win the prize for best facial expressions. A friend of his was on the team and he decided to dive in and try it. He enjoyed it so much that he's doing it again this year. He was also part of a recreational basketball team this year. He had never played basketball other than in PE and didn't even know the rules of the game. However, he dove in and had fun.

I hope these stories inspire you to dive in to a new activity or project. I know they inspire me. For more inspiration, check out what my mother-in-law did for her 80th Birthday [here](#).

**"Faith is taking the first step even when you can't see the whole staircase." Dr. Martin Luther King Jr.**

**Date Created**

2014/03/24

**Author**

queenie