



The Smile List

Description

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These chocolate Valentines from Target made me smile. My favorites are The Perfect Man, heâ€™s sweet and decadently rich just how a man ought to be and the Frog Prince. For those men that are sports fans, I thought the football and golf clubs were cute. Iâ€™ll take the Perfect Man over the sports fanatic any day.



My friend Keri shared this photo with me that her and her daughter Brianna took. Brianna added the little bubble in PicMonkey and came up with the caption. Dear God, Thank you for the bird seed that Iâ€™m about to eat! Amen. This picture makes me smile for many different reasons and is a great reminder to be thankful. Iâ€™m thankful they shared it with me!



photo via

[Starbucks](#)

I love Starbucks pastries and desserts about as much as I do their lattes. My husband surprised me with this [salted caramel square](#) from Starbucks last week. I have yet to come across anything with caramel, salt and chocolate that I don't like. Starbucks describes it as a dense chocolate square full of crunchy pretzels, pecans and swirled with caramel. Need I say more!



photo via [Andr's™s](#)

My friend Anne introduced me to these chocolate covered almonds from [Andr's™s](#). Andr's™s is a Swiss Confiserie producing only the highest quality confections and originated in the Kansas City area. The milk chocolate covered almonds with a dusting of powdered sugar are heavenly. It's impossible to eat just one, but they are meant to be savored. They ship within the United States and you can purchase them [here](#). They are guaranteed to bring a smile to your face.

I seem to have a theme going with chocolate this week. Dark chocolate actually has many health benefits which you can read about [here](#).

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