



You Are Beautiful

### Description

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My last post was all about my travels to [New York City](#). What I didn't include in that post was how I met two of my blog friends Stacey at [Likes to Smile](#) and Adri at [Adri's World](#). They started their blogs around the same time I did and I met them through a blog class taught by the fabulous Holly

Becker of Decor8. Up until last weekend we had just communicated through blog comments and emails. It was really great to meet both of these sweet ladies in person. I could have talked for hours. As a matter of fact, I felt like I did and would have loved to hear more about them.

I shared with them a few [You Are Beautiful](#) stickers to pass along. I came across a short clip about the stickers on Oprah's Soul Sunday series. Click the video above to learn more about this simple little sticker created by Artist, Matthew Hoffman and the message it's spreading around the world. I love simple acts of kindness like this and I knew that my two beautiful friends would love it too. We are all beautiful in our own unique way! I've shared a few photos of some places I spread the message around in NYC.

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