



NaBloPoMo

## Description



I accepted a challenge this month through BlogHer to write every day throughout the month of November. I am happy to say I completed the challenge as of today. When I started my blog, I was lucky to accomplish four postings in a week. I pushed my usual self-doubting questions aside this time and believed that I could do it. Things like fear, perfectionism and self-doubt can overwhelm me so much that it perpetuates into me taking no action at all. I exhaust myself just by thinking about what I need to do without lifting a finger. What I learned from participating in NaBloPoMo is that practice makes progress. I just need to keep on truckin. That was my favorite line in the 70s. I think my brother had a t-shirt that said it. I have to keep doing a little bit every day to reach my goals even though it may seem insignificant or not enough now. I'm sure many of you can relate to the feeling of not having enough hours in the day, especially this time of year. Little by little my Christmas decorations are coming out of hibernation. I tell myself, I am making progress. The month of December I've decided to take on another challenge. This one is taking a photo every day the month of December that says something about the holiday season to me. The challenge is through the blog [two martini lunch](#). To get the holidays rolling I'll be offering a giveaway everyday next week for some of my favorite things. It's not quite at Oprah's level of giving, but I hope you enjoy them.

Tell your friends and spread joy!

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