



Toffee Apple Dip

Description

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This toffee apple dip is a quick and easy dip that makes apples more fun to eat. Apples have numerous health benefits. I'm sure you've heard the saying, "an apple a day helps keep the doctor away." I like apples, but they aren't one of my favorite fruits.

Since it's apple season I thought I'd share one of my favorite dips to eat with sliced apples other than the traditional caramel dip. My daughter loves to eat this dip by the spoonfuls without the apples which sort of defeats any health benefits. I usually double the recipe if I'm serving it guests. Enjoy and happy dipping!

Toffee Apple Dip

Author: Dawn Pasco

Ingredients

- 8 oz. of cream cheese, softened
- 1/2 cup of sugar
- 1/2 cup of brown sugar
- 1 tsp of vanilla
- 6 oz. of Heath toffee bits

Instructions

1. Soften cream cheese in the microwave for about 30 seconds.
2. Beat cream cheese, sugar, brown sugar and vanilla in a mixer until combined.
3. Stir in toffee bits.
4. Keep refrigerated and serve with apples.

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