



La Bodega Restaurant

Description





fig and goat cheese empanada

I'm one of those ladies who likes to lunch. I recently met a friend at a Spanish tapas restaurant called La Bodega. I had been there before for dinner, but I didn't realize they offered a lunch buffet for \$12. The tapas buffet had a huge antipasto platter, some dips and spreads, and 2 or 3 hot items. The day I was there they were offering meatballs in a garlic cream sauce, mini sliders, and a potato dish. Everything was delicious and even though I'm sure I consumed a lot of calories there is an illusion when eating tapas that I'm not. The only thing it was missing was a little something sweet. My friend and I decided to split the fig and goat cheese empanada. It was a great way to end our meal and I wound up feeling a little too satisfied. La Bodega is located at One Nineteen/Crossroads (913) 428-8272.

Date Created

2012/08/22

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