

## Gratitude Monday

### Description

I'm grateful my family and I are healthy and for the rain we had earlier this morning which means I didn't have to water my flowers today. The summer heat has arrived, but I'm grateful there is a breeze in the air.

I'm grateful we made it home safe and sound from our trip to New Orleans and for all of the local delicacies we tasted. I'll be sure to write more on that later this week. I'm grateful for kind gestures from strangers and friends, summer BBQs, casual summer skirts and a swimsuit I feel halfway comfortable in. It's sort of a strange list of things, but it's important to remember the little things in life. It's the little things that fill each day and are also sometimes the most memorable.

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