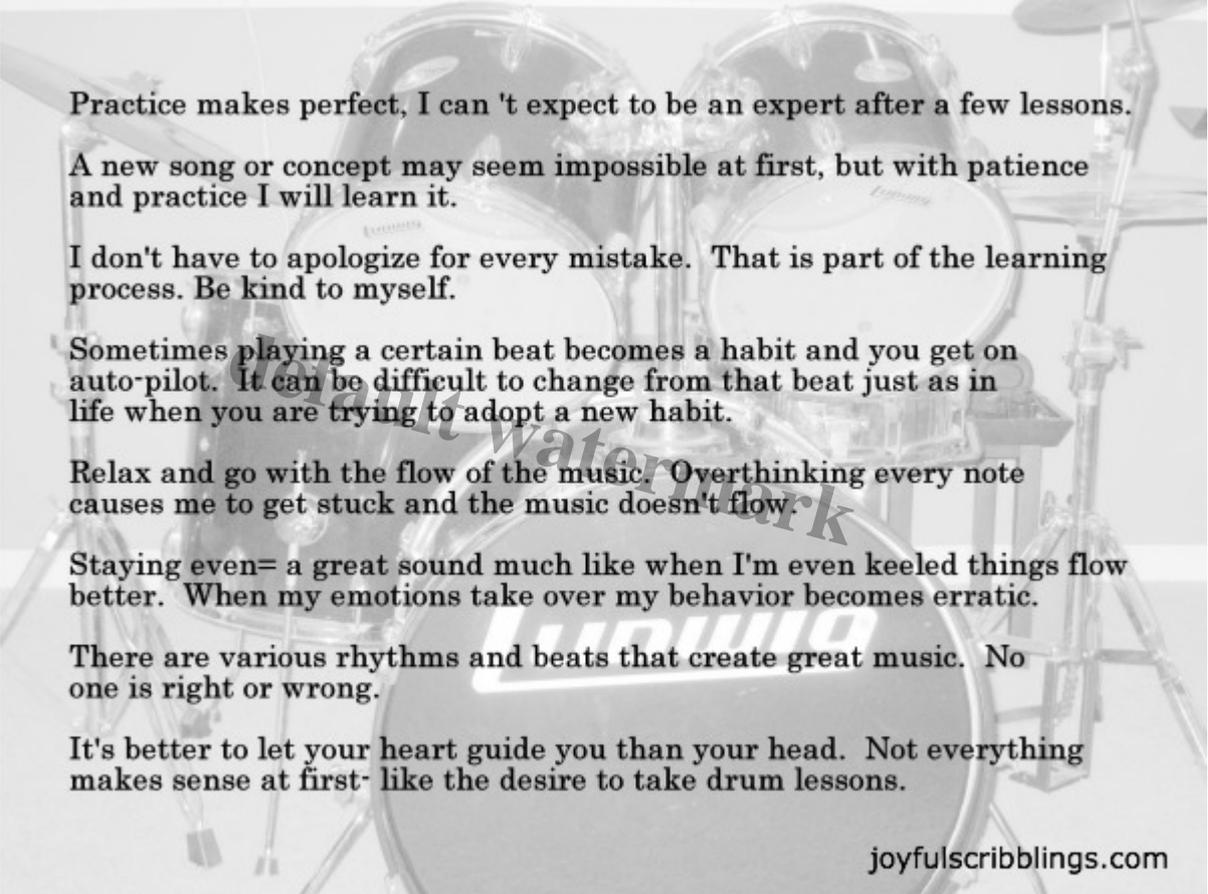


about the loud tapping of the hi-hat, snare and bass which would emanate throughout the house. He found his niche in drumming and is part of his high school drum line. In the back of my mind I wished that I had taken drum lessons when I was his age. Maybe I'd be touring with Rob Thomas or at the very least playing in a band at our local pub. As chance has it my son's teacher had an opening this summer and we already own a drum set. I asked if he'd be interest in taking me on as a student and surprisingly he didn't fall over laughing. The rest is history and the following are some of the lessons I've learned from drumming.



Practice makes perfect, I can 't expect to be an expert after a few lessons.

A new song or concept may seem impossible at first, but with patience and practice I will learn it.

I don't have to apologize for every mistake. That is part of the learning process. Be kind to myself.

Sometimes playing a certain beat becomes a habit and you get on auto-pilot. It can be difficult to change from that beat just as in life when you are trying to adopt a new habit.

Relax and go with the flow of the music. Overthinking every note causes me to get stuck and the music doesn't flow.

Staying even= a great sound much like when I'm even keeled things flow better. When my emotions take over my behavior becomes erratic.

There are various rhythms and beats that create great music. No one is right or wrong.

It's better to let your heart guide you than your head. Not everything makes sense at first- like the desire to take drum lessons.

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