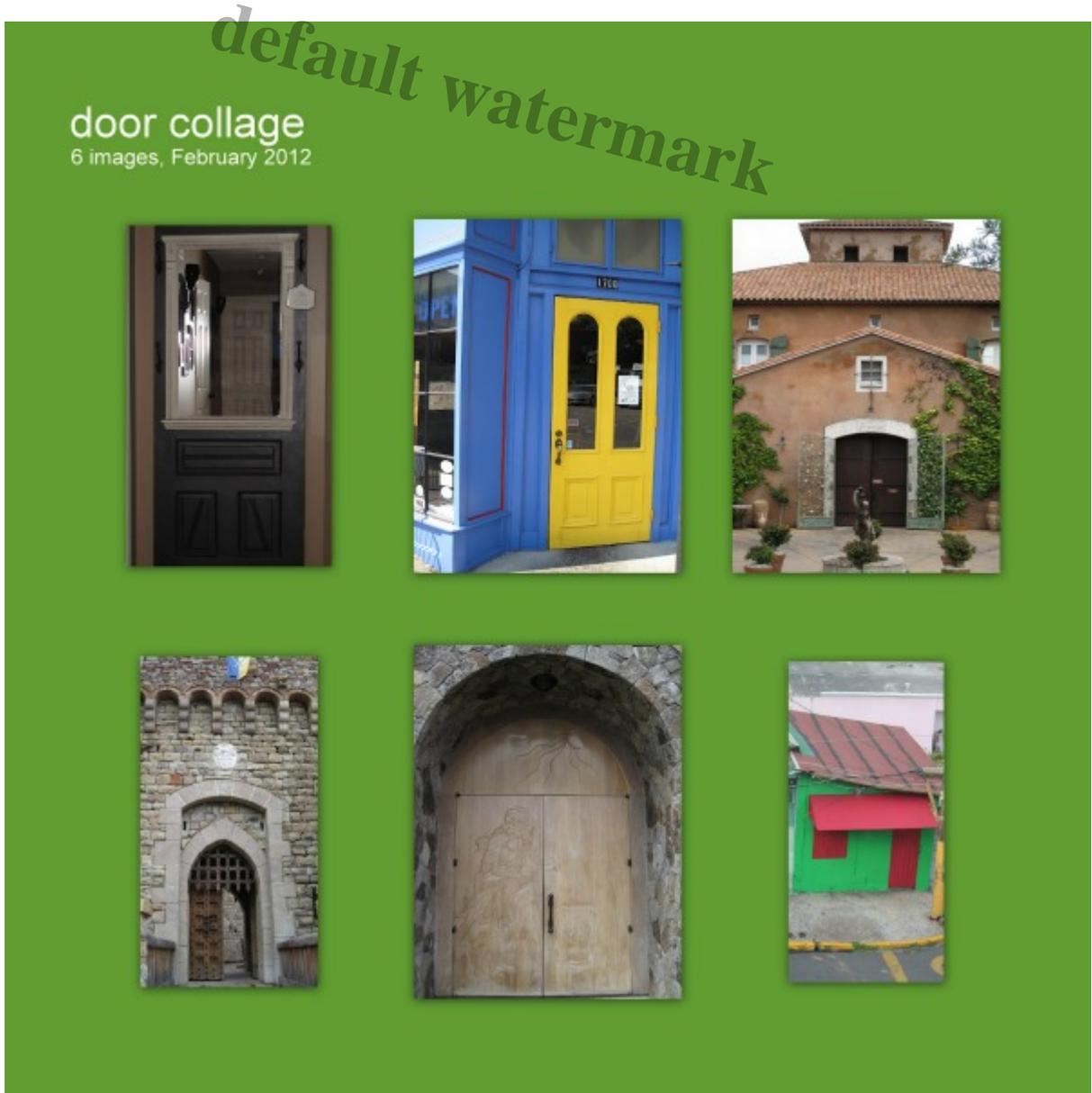


## Doors

## Description



I have a fascination with doors, especially colorful ones. I think they can add a lot of character to a building or home. I also love when old doors are used as an architectural piece in a home. I have one at the end of my upstairs hallway which has a mirror in it. My brother-in-law calls it the secret portal. I've been reading *The Book of Awakening: Having the Life You Want by Being Present to the Life You Have* by Mark Nepo. The meditation for this morning had to do with crossing over thresholds and looking at problems or situations in your life that keep arising. Acting as a messenger, I ask myself what doors do I need to open to get over a recurring problem? On the flip side, acting true to my questioning sarcastic nature I also thought perhaps there are some doors I need to close. I think I'll start with my teenage daughters bedroom door.

**Date Created**

2012/02/05

**Author**

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